

## Senses

<b>Have a go at these fun activities over the week! Choose as many as you like and have fun.</b>				
<b>Touch Senses Board</b>	<b>Taste Fruit Kebabs</b>	<b>Smell What can you smell?</b>	<b>Hearing Sound Shakers</b>	<b>Sight Kim's Game</b>
<p>Watch the video about the 5 Senses.  <a href="https://www.youtube.com/watch?v=q1xNuU7gaAQ">https://www.youtube.com/watch?v=q1xNuU7gaAQ</a>            Poke, squish, swish, sift, knead, crinkle, crumble: all of these are ways in which your child learns about the world around them through the sense of touch.            Go on a nature walk, collecting leaves, small sticks, pinecones, and pebbles. Make a nature mural together by gluing on the items you found during the nature walk. Can you discuss how the items feel?</p>	<p>Can you make a tasty fruit kebab with different fruit? Perhaps look at pictures of fruit before you go to the shops and decide if there is any fruit you would like to try that you have not tried before.</p> <p>When making your kebab- are you able to cut the fruit carefully with a knife (adults to supervise)? Can you make a pattern with the fruit?</p> <p>When eating your kebab – describe how the fruit tastes. Does it taste better when you lick it or when you bite? Which was your favourite fruit, which did you not like so much?</p>	<p>Talk about how our noses help us. Sometimes we are alerted to danger. If something has a bad scent, we tend to move away from it. Food that is bad (like an egg that is spoiled, or if milk is sour), we know it's not well. We also take pleasure of nice smells - baking in the oven, beautiful flowers, or food we enjoy just would not be the same without our noses to help us.</p> <p>Place several items with distinct scents into individual cups (try chocolate, pickle, maple syrup, lemon, bar soap, peppermint). Place tin foil over the tops and poke a few small holes in each. Pass the cups around to see if the children can identify the scents. Remember to use only safe, non-toxic items for this activity.</p>	<div style="text-align: center;">  </div> <p>To make sound shakers fill pairs of tubes with small objects that make a sound such as rice, nuts and bolts, sand etc. If the tubes are clear, cover each one so you cannot see the contents. Your child can select tubes, shake, and listen, and identify the pairs that make the same sound. You could make many tubes and play a game of find the right pair.</p>	<p>Most of us depend on our sense of sight more than our other senses. Our eyes are the part of our body that help us see. Our eyes see an image and then send messages to the brain about what they saw.</p> <p>Place several small items on a tray. Show each item to the children one at a time. Verbally identify what each item is. Place a small towel over the tray and remove one of the items. See if the children can tell you what the missing item is.</p> <p><b>Reflections –</b> Search around your home for objects where you can see your reflection – kettle, spoon, tin foil. What do you notice?</p>
<b>Cosmic Kids Yoga</b> <a href="https://www.youtube.com/channel/UCsmickidsyoga">https://www.youtube.com/channel/UCsmickidsyoga</a>	<p>Go on a cosmic yoga adventure once a day. Cosmic kids are brilliant indoor exercise resource to support mindfulness and relaxation –we use this programme in Pre-School.</p>			
<b>Phonics Play</b> <a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a>	<p>At Pre-School, phonics sessions are entirely made up from games, songs and actions. This website currently has free subscription for you to use. We use phase one in Pre-School in preparation for your child's journey into reception.</p>			
<b>Top Marks</b> <a href="https://www.topmarks.co.uk/">https://www.topmarks.co.uk/</a>	<p>Top marks give children the opportunity to learn online, through safe, fun, and engaging games and activities. A good place to start is the fun learning games area</p>			